



Food and Drug Administration  
10903 New Hampshire Avenue  
Document Control Center - WO66-G609  
Silver Spring, MD 20993-0002

InControl Medical, LLC.  
Jessica Andreshak  
Director of Quality Assurance/Regulatory Affairs  
3225 Gateway Road, Ste. 250  
Brookfield, Wisconsin 53045

Re: K150180  
Trade/Device Name: InTone  
Regulation Number: 21 CFR 876.5320  
Regulation Name: Nonimplanted Electrical Continence Device  
Regulatory Class: Class II  
Product Code: KPI, HIR  
Dated: January 26, 2015  
Received: January 27, 2015

Dear Jessica Andreshak,

We have reviewed your Section 510(k) premarket notification of intent to market the device referenced above and have determined the device is substantially equivalent (for the indications for use stated in the enclosure) to legally marketed predicate devices marketed in interstate commerce prior to May 28, 1976, the enactment date of the Medical Device Amendments, or to devices that have been reclassified in accordance with the provisions of the Federal Food, Drug, and Cosmetic Act (Act) that do not require approval of a premarket approval application (PMA). You may, therefore, market the device, subject to the general controls provisions of the Act. The general controls provisions of the Act include requirements for annual registration, listing of devices, good manufacturing practice, labeling, and prohibitions against misbranding and adulteration. Please note: CDRH does not evaluate information related to contract liability warranties. We remind you, however, that device labeling must be truthful and not misleading.

If your device is classified (see above) into either class II (Special Controls) or class III (PMA), it may be subject to additional controls. Existing major regulations affecting your device can be found in the Code of Federal Regulations, Title 21, Parts 800 to 898. In addition, FDA may publish further announcements concerning your device in the Federal Register.

Please be advised that FDA's issuance of a substantial equivalence determination does not mean that FDA has made a determination that your device complies with other requirements of the Act or any Federal statutes and regulations administered by other Federal agencies. You must comply with all the Act's requirements, including, but not limited to: registration and listing (21 CFR Part 807); labeling (21 CFR Part 801); medical device reporting (reporting of medical device-related adverse events) (21 CFR 803); good manufacturing practice requirements as set forth in

the quality systems (QS) regulation (21 CFR Part 820); and if applicable, the electronic product radiation control provisions (Sections 531-542 of the Act); 21 CFR 1000-1050.

If you desire specific advice for your device on our labeling regulation (21 CFR Part 801), please contact the Division of Industry and Consumer Education at its toll-free number (800) 638-2041 or (301) 796-7100 or at its Internet address

<http://www.fda.gov/MedicalDevices/ResourcesforYou/Industry/default.htm>. Also, please note the regulation entitled, "Misbranding by reference to premarket notification" (21 CFR Part 807.97). For questions regarding the reporting of adverse events under the MDR regulation (21 CFR Part 803), please go to

<http://www.fda.gov/MedicalDevices/Safety/ReportaProblem/default.htm> for the CDRH's Office of Surveillance and Biometrics/Division of Postmarket Surveillance.

You may obtain other general information on your responsibilities under the Act from the Division of Industry and Consumer Education at its toll-free number (800) 638-2041 or (301) 796-7100 or at its Internet address

<http://www.fda.gov/MedicalDevices/ResourcesforYou/Industry/default.htm>.

Sincerely yours,

**Herbert P. Lerner -S**

for Benjamin R. Fisher, Ph.D.  
Director  
Division of Reproductive, Gastro-Renal,  
and Urological Devices  
Office of Device Evaluation  
Center for Devices and Radiological Health

Enclosure

## **6. Statement of Indications for Use**

---

**510(k) Number (if known):**

**Device Name**

InTone

**Indications for Use**

InTone is intended to provide electrical stimulation and/or visual biofeedback (via manometry) for the treatment of female urinary incontinence.

Prescription Use   X    
(Part 21 CFR 801 Subpart D)

AND/OR

Over-The-Counter Use \_\_\_\_\_  
(21 CFR 807 Subpart C)

(PLEASE DO NOT WRITE BELOW THIS LINE-CONTINUE ON ANOTHER PAGE IF NEEDED)

---

Concurrence of CDRH, Office of Device Evaluation (ODE)

## 7. 510(k) Summary

---

### Submission Date

January 26, 2015

### Submitter Information

Jessica Andreshak  
 Director of Quality Assurance and Regulatory Affairs  
 InControl Medical, LLC  
 3225 Gateway Road, Ste. 250, Brookfield, WI 53045 USA  
 Phone: (262) 373.0422  
 Fax: (262) 373.0463  
 Email: jandreshak@incontrolmedical.com

### Device Information

Table 7.1 Device Information

|                                       |   |
|---------------------------------------|---|
| <b>Type of 510(k):</b>                | Traditional 510(k)  |
| <b>Common Name:</b>                   | Pelvic Floor Muscle Stimulator  |
| <b>Trade Name (proprietary name):</b> | InTone  |
| <b>Classification name:</b>           | Stimulator, Electrical, Non-Implantable, For Incontinence<br>Device, Perineometer |
| <b>Classification Regulation:</b>     | 21 CFR 876.5320<br>21 CFR 884.1425  |
| <b>Class:</b>                         | Class II  |
| <b>Product Code:</b>                  | KPI<br>HIR  |

### Legally Marketed Device for Substantial Equivalence

Table 7.2 Predicate Device Information

| 510(k)  | Name     | Product Code | Manufacturer  |
|---------|----------|--------------|---|
| K110179 | InTone   | KPI          | InControl Medical, LLC<br>3225 Gateway Road, Ste. 250<br>Brookfield, WI 53045 USA |
| K134020 | InToneMV | KPI/HCC      | InControl Medical, LLC<br>3225 Gateway Road, Ste. 250<br>Brookfield, WI 53045 USA |

## Device Summary

The InTone device includes three parts: an Insertion Unit, a Control Unit, and a Software Application for clinicians. Each of these parts are summarized below:

- The Insertion Unit includes an inflation pump and an inflatable probe. The inflatable probe is inserted into the vagina and the inflation pump is used by the patient to manually inflate the probe, ensuring a customized fit. Electrical stimulation is delivered via stainless steel electrodes on the inflatable probe to induce a contraction of the pelvic floor muscles. Biofeedback is monitored via a pressure sensor within the Insertion Unit which records changes in pressure related to volitional muscle contraction.
- The Control Unit includes user keys to initiate and control treatment sessions, and a visual biofeedback graph to encourage muscle re-training. The Control Unit is designed to record and store results of the electrical stimulation and biofeedback sessions for clinician review at follow-up visits.
- The Software Application is utilized by the clinician to program the Control Unit and display the results of electrical stimulation and biofeedback sessions. The Software Application allows the clinician to select and lock in the appropriate electrical stimulation level necessary to stimulate pelvic floor contraction.

## Intended Use

InTone is intended to provide electrical stimulation and/or visual biofeedback (via manometry) for the treatment of female urinary incontinence.

## Equivalence Comparison to the Predicate

Electrical muscle stimulation and biofeedback are the technological principles for InTone and the predicate devices. It is based on the use of the electrical muscle stimulator and/or biofeedback to strengthen the pelvic floor muscles and surrounding structures. The chart below summarizes the shared and different technological elements. The intended use, technology, engineering, performance and user interface for InTone is substantially equivalent to the predicate devices.

Table 7.3 Substantial Equivalence Comparison Table

| Feature/ Function  | InTone<br>(K110179)   | InToneMV<br>(K134020)   | InTone<br>(New Device)   | Comparison               | Impact on<br>Safety and<br>Performance |
|--|---|---|--|--------------------------|--|
| <b>Intended Use</b><br>An explicit description of all clinical functions performed by the device.                  | The InControl device is a non-implanted electrical stimulator indicated for use in the treatment of female urinary incontinence. It applies electrical stimulation to the pelvic floor musculature and surrounding structures. It is intended for acute and ongoing treatment of mixed urinary incontinence where the following results may improve urinary control: strengthening of pelvic floor muscles, inhibition of the detrusor muscle through reflexive mechanisms. The biofeedback feature can be used for muscle re-education purposes. |   |  |                          |  |
| <b>Indications for Use</b><br>Explain when the device is to be clinically used and the intended patient population |   | InToneMV is intended to provide electrical stimulation and/or visual biofeedback (via manometry) for the treatment of male and female urinary and fecal incontinence. | InTone is intended to provide electrical stimulation and/or visual biofeedback (via manometry) for the treatment of female urinary incontinence. | Substantially equivalent | None                                   |

| Feature/ Function  | InTone<br>(K110179)   | InToneMV<br>(K134020)  | InTone<br>(New Device)   | Comparison               | Impact on<br>Safety and<br>Performance |
|--|---|--|--|--------------------------|--|
| <b>Primary Function</b>  | Delivery of electrical stimulation  | Delivery of electrical stimulation<br>Visual Biofeedback   | Delivery of electrical stimulation<br>Visual Biofeedback   | Identical to InToneMV    | None                                   |
| <b>Warnings or Precautions</b>   | (see product labeling)  | (see product labeling)   | (see product labeling)   | Substantially equivalent | None                                   |
| <b>Contraindications</b><br>Explain when the device is not to be clinically used | <ul style="list-style-type: none"> <li>This device is not intended for diagnostic purposes or critical patient monitoring.</li> <li>The device is not defibrillator proof.</li> <li>The device should not be used on patients with cardiac pacemaker, implanted defibrillator, or other implanted metallic or electronic device. Do not use if patient has a history of rate or conductive disturbance.</li> <li>Do not use if patient has symptoms of an active urinary tract infection.</li> <li>Do not use if the patient has vaginal infections, localized lesions, or other undiagnosed symptoms.</li> <li>Do not use if patient has undiagnosed pain.</li> <li>Do not use if patient has a neurological deficiency that does not permit proper sensory perception or stimulation.</li> <li>Do not use if patient has diminished mental capacity or physical competence that limits use of the device or interaction with the care provider regarding the device settings.</li> <li>Do not use if patient is currently pregnant or attempting to get pregnant.</li> <li>Do not use if patient has anatomical vaginal structures that do not permit proper and complete placement of the Insertion Unit.</li> <li>Do not use if the patient has irregular menstrual bleeding cycles.</li> <li>Do not use if the patient has a history or symptoms of urinary retention.</li> <li>Do not use if the patient has extra-urethra incontinence, (i.e. syrinx, ectopic, urethra).</li> <li>Do not use if the patient has overflow incontinence caused by evacuation problems.</li> <li>Do not use if the patient has severe urine retention in the upper urethras.</li> <li>Do not use if the patient has complete peripheral denervation of the pelvic floor.</li> <li>Do not use if the patient has an intestinal clamp.</li> </ul> | <ul style="list-style-type: none"> <li>Patients with a pacemaker or implanted defibrillator require cardiac clearance before electrical stimulation is offered.</li> <li>Patients with symptoms of active urinary tract infection, vaginal infections, localized lesions, or other undiagnosed symptoms.</li> <li>Patient has extra-urethra incontinence, (i.e. syrinx, ectopic, urethra).</li> <li>Patient has overflow incontinence caused by evacuation problems.</li> <li>Patient has severe urine retention in the upper urethra or other symptoms of urine retention.</li> <li>Patients with neurological deficiency that does not permit proper sensory perception of stimulation or complete denervation of the pelvic floor.</li> <li>Patients with cognitive disabilities, i.e.; Alzheimer's disease or dementia.</li> <li>Patients who are currently pregnant or attempting to get pregnant.</li> <li>Patients with anatomical pelvic structures that do not permit proper and complete placement of the Insertion Unit.</li> <li>Patients with active pelvic malignancy.</li> <li>Patients with an intestinal clamp.</li> <li>Patients should be 6 weeks post-pelvic surgery or vaginal childbirth.</li> <li>Device should not be used for diagnostic purposes or critical patient monitoring.</li> <li>Device is not (external) defibrillator-proof.</li> </ul> | <ul style="list-style-type: none"> <li>Patients with a pacemaker or implanted defibrillator require cardiac clearance before electrical stimulation is offered.</li> <li>Patients with symptoms of active urinary tract infection, vaginal infections, localized lesions, or other undiagnosed symptoms.</li> <li>Patient has extra-urethra incontinence, (i.e. syrinx, ectopic, urethra).</li> <li>Patient has overflow incontinence caused by evacuation problems.</li> <li>Patient has severe urine retention in the upper urethra or other symptoms of urine retention.</li> <li>Patients with neurological deficiency that does not permit proper sensory perception of stimulation or complete denervation of the pelvic floor.</li> <li>Patients with cognitive disabilities, i.e.; Alzheimer's disease or dementia.</li> <li>Patients who are currently pregnant or attempting to get pregnant.</li> <li>Patients with anatomical pelvic structures that do not permit proper and complete placement of the Insertion Unit.</li> <li>Patients with active pelvic malignancy.</li> <li>Patients with an intestinal clamp.</li> <li>Patients should be 6 weeks post-pelvic surgery or vaginal childbirth.</li> <li>Device should not be used for diagnostic purposes or critical patient monitoring.</li> <li>Device is not (external) defibrillator-proof.</li> </ul> | Identical to InToneMV    | None                                   |
| <b>Labeling Summary</b><br>Clarity to insure safer or more effective use         | User Manual   | User Manual  | User Manual  | Substantially equivalent | None                                   |
| <b>Environmental Specifications</b>  | For indoor use only   | For indoor use only  | For indoor use only  | Identical                | None                                   |
| <b>Power Source</b>  | 4/5 AA nickel metal hydride battery   | 4/5 AA nickel metal hydride battery  | 4/5 AA nickel metal hydride battery  | Identical                | None                                   |
| <b>Method of line current isolation</b>  | n/a (battery)   | n/a (battery)  | n/a (battery)  | Identical                | None                                   |



3225 Gateway Road, Ste. 250  
Brookfield, WI 53045

## Traditional 510(k) Submission



| Feature/ Function  | InTone<br>(K110179)            | InToneMV<br>(K134020)  | InTone<br>(New Device)   | Comparison               | Impact on<br>Safety and<br>Performance |
|--|--------------------------------|--|--|--------------------------|--|
| <b>Patient leakage current</b>                               | n/a (battery)                  | n/a (battery)  | n/a (battery)  | Identical                | None                                   |
| <b>Number of output modes</b>                                | 1                              | 1  | 1  | Identical                | None                                   |
| <b>Number of output channels</b>                             | 1                              | 1  | 1  | Identical                | None                                   |
| <b>Regulated current or voltage?</b>                         | Regulated voltage              | Regulated Voltage  | Regulated voltage  | Identical                | None                                   |
| <b>Firmware controlled?</b>                                  | Yes                            | Yes  | Yes  | Identical                | None                                   |
| <b>Automatic Overload Trip?</b>                              | Yes                            | N/A  | N/A  | Identical to InToneMV    | None                                   |
| <b>Automatic No-Load Trip?</b>                               | Yes                            | N/A  | N/A  | Identical to InToneMV    | None                                   |
| <b>Automatic Shut Off?</b>                                   | Yes                            | Yes  | Yes  | Identical                | None                                   |
| <b>Indicator Display</b><br>• On/Off Status<br>• Low Battery | Yes<br>Yes                     | Yes (via display illumination)<br>Yes  | Yes (via display illumination)<br>Yes  | Identical to InToneMV    | None                                   |
| <b>Waveform, shape</b>                                       | Dual phase, rectangular pulses | Dual phase, rectangular pulses   | Monophasic, alternating polarity, square pulses  | Substantially equivalent | None                                   |
| <b>Frequency</b><br>• Mixed<br>• Stress<br>• Urge            | 50 Hz<br>-<br>-                | -<br>50 Hz<br>13 Hz  | -<br>50 Hz<br>13 Hz  | Identical to InToneMV    | None                                   |
| <b>Pulse width</b><br>• Mixed<br>• Stress<br>• Urge          | 200 µs/phase<br>-<br>-         | 200 µs/phase<br>-<br>-   | 200 µs/phase<br>-<br>-   | Identical                | None                                   |
| <b>Time</b><br>• On<br>• Off                                 | 20 seconds<br>10 seconds       | 1 second at 50 Hz<br>2 seconds no stimulation<br>2 seconds at 13 Hz<br>2 second no stimulation (repeating)                                     | 1 second at 50 Hz<br>2 seconds no stimulation<br>2 seconds at 13 Hz<br>2 second no stimulation (repeating)                                     | Identical to InToneMV    | None                                   |
| <b>Total Session Time</b>                                    | 12 mins                        | Total: approximately 12 minutes<br>• 2 minute volitional contractions<br>• 5 minutes muscle stimulation<br>• 5 minutes volitional contractions | Total: approximately 12 minutes<br>• 2 minute volitional contractions<br>• 5 minutes muscle stimulation<br>• 5 minutes volitional contractions | Identical to InToneMV    | None                                   |
| <b>Max output voltage (500Ω)</b>                             | 50 Vdc                         | 50 Vdc   | 40 Vdc   | Substantially equivalent | None                                   |
| <b>Max output current (500Ω)</b>                             | 100 mA                         | 100 mA   | 80 mA  | Substantially equivalent | None                                   |
| <b>Maximum phase charge (500Ω)</b>                           | 20 µC                          | 20 µC  | 16 µC  | Substantially equivalent | None                                   |
| <b>Electrode surface area</b>                                | 10.5 cm <sup>2</sup> x 2       | 2.5 cm <sup>2</sup> ± 0.5 cm <sup>2</sup> (x 2)  | 6.00 cm <sup>2</sup> ± 0.5 cm <sup>2</sup> (x 2)   | Substantially equivalent | None                                   |
| <b>Max current density</b>                                   | 9.5 mA/ cm <sup>2</sup>        | 40 mA/ cm <sup>2</sup>   | 13.3 mA/cm <sup>2</sup>  | Substantially equivalent | None                                   |
| <b>Max average power density (500Ω)</b>                      | 4.8 mW/cm <sup>2</sup>         | 20 mW/cm <sup>2</sup>  | 5.33 mW/cm <sup>2</sup>  | Substantially equivalent | None                                   |
| <b>Biofeedback</b>   | Air pressure, 0 – 2 psi        | Manometric<br>Air pressure, 0 – 2 psi  | Manometric<br>Air pressure, 0 – 2 psi  | Identical to InToneMV    | None                                   |

| Feature/ Function  | InTone<br>(K110179)   | InToneMV<br>(K134020)   | InTone<br>(New Device)  | Comparison               | Impact on<br>Safety and<br>Performance |
|--|---|---|---|--------------------------|--|
| <b>Dimensions</b>  | Control Unit: 4.88" x 2.38" x 1.07"<br>Insertion Unit (overall): 12.2" x 2.5" x 4.0"<br>Inflatable Probe (avg. inflated): 5.5" x 2.2" x 2.5"        | Control Unit: 4.8" x 2.4" x 1.1" (+/- 1.0")<br>Inflation bulb: 7.7" x 2.3" x 3.9" (+/- 2.0")<br>Inflatable Probe (with handle): 4.8" x 1.0" x 1.5" (+/- 1.5")<br>Tubing: Maximum 41" long | Control Unit: 4.88" x 2.38" x 1.07"<br>Insertion Unit (overall): 12.2" x 2.5" x 4.0"<br>Inflatable Probe (avg. inflated): 5.5" x 2.2" x 2.5"        | Substantially equivalent | None                                   |
| <b>Control housing material</b>  | ABS plastics  | ABS plastics  | ABS plastics  | Identical                | None                                   |
| <b>Insertion material</b>  | Silicone, plastics  | Silicone, plastics  | Silicone, plastics  | Identical                | None                                   |
| <b>Tubing Material</b>   | NA  | Silicone  | N/A   | Identical to InTone      | None                                   |
| <b>Packaging or Expiration Dating</b>  | 1 year for Insertion Unit   | N/A   | N/A   | Identical to InToneMV    | None                                   |
| <b>Sterilization</b>   | N/A   | N/A   | N/A   | Identical                | None                                   |
| <b>Operational Method: Clinical Use</b><br>e.g., ambulatory use, home use  | Clinic or Home use, under direction of physician  | Clinic or Home use, under direction of physician  | Clinic or Home use, under direction of physician  | Identical                | None                                   |
| <b>Patient Interaction: Functions Controllable:</b> An explanation of how the device interacts with the patient. | The patient can control the starting and stopping of each session. However, the device will stop on its own once the session is normally completed. | The patient can control the starting and stopping of each session. However, the device will stop on its own once the session is normally completed.                                       | The patient can control the starting and stopping of each session. However, the device will stop on its own once the session is normally completed. | Identical                | None                                   |
| <b>Patient Interaction: Programming Capability</b><br>Whether the device can be programmed and to what extent    | None, programming can only be changed by clinician  | None, programming can only be changed by clinician  | None, programming can only be changed by clinician  | Identical                | None                                   |
| <b>Override</b>  | Yes   | Yes   | Yes   | Identical                | None                                   |
| <b>Patient Interaction: Operator Requirements</b><br>Knowledge or training required of the operator,             | Intended as part of a complete therapy program with physician coaching. No special knowledge or training; instruction manual provided               | Intended as part of a complete therapy program with physician coaching. No special knowledge or training; instruction manual provided   | Intended as part of a complete therapy program with physician coaching. No special knowledge or training; instruction manual provided               | Identical                | None                                   |
| <b>Software Level of Concern</b>   | Moderate  | Moderate  | Moderate  | Identical                | None                                   |

The new InTone has the same internal electronics, stimulation waveform/algorithm, internal firmware, and external software application as the predicate InToneMV (K134020). The new InTone has the same patient contacting materials as the predicate InTone (K110179).

## Testing Summary

As a result of the similar features between the new InTone and the predicate InTone (K110179) and InToneMV (K134020), this claim of substantial equivalence references the software verification and validation, electrical safety, and EMC testing performed on the predicate InToneMV, and the biocompatibility testing performed on the predicate InTone. New software verification and validation, electrical safety, EMC, and biocompatibility testing did not need to be performed to demonstrate the equivalent safety and effectiveness of this new version of the InTone.

### Software Verification and Validation Testing:

Software verification and validation testing were conducted on the predicate InToneMV and documentation was provided as recommended by FDA's Guidance for Industry and FDA Staff, "Guidance for the Content of Premarket Submissions for Software Contained in Medical Devices." The software for this device was considered as a "moderate" level of concern, since a failure or latent flaw in the software could directly result in minor injury to the patient or operator. New software verification and validation testing did not need to be performed to demonstrate the equivalent safety and effectiveness of this new version of the InTone.

### Electrical Safety and Electromagnetic Compatibility Testing:

Electrical safety and EMC testing was conducted on the predicate InToneMV. The device complies with the IEC 60601-1 and IEC 60601-2-10 standards for safety and the IEC 60601-1-2 standard for EMC. New electrical safety and EMC testing did not need to be performed to demonstrate the equivalent safety and effectiveness of this new version of the InTone.

### Biocompatibility Testing:

The biocompatibility evaluation for the predicate InTone was conducted in accordance with International Standard ISO 10993-1 "Biological Evaluation of Medical Devices – Part 1: Evaluation and Testing within a Risk Management Process," as recognized by FDA. The inflatable probe on the Insertion Unit is considered tissue contacting for a duration of less than 24 hours. The biocompatibility testing included the following tests:

- Cytotoxicity
- Sensitization
- Irritation

New biocompatibility testing did not need to be performed to demonstrate the equivalent safety and effectiveness of this new version of the InTone.

### Clinical Literature Review:

The clinical literature review, which is included to provide additional supporting evidence of InTone safety and effectiveness, consisted of a published article search and a MAUDE search. The published article search included documented evidence of the safety and efficacy of electrical stimulation for the treatment of female urinary incontinence. An appraisal of each article was completed as part of the search. The appraisal included an assessment of suitability of each article, a device performance assessment and a device safety assessment. The MAUDE search included reviewing risk associated with currently marketed devices classified as an "electrical muscle stimulator."

## **Risk Management Summary**

InTone has been designed according to InControl Medical's internal procedures with traceability between the design inputs, design outputs verification and validation activities.

InTone has been evaluated for risks according to InControl Medical's internal procedures based on ISO 14971. The risks associated with InTone were reduced to as low as possible and the risk/benefit analysis was acceptable.

## **Conclusion**

Both the InTone and the predicates are indicated for the treatment of female urinary incontinence. As a result of the similarities in design and construction between the new InTone and the predicates, the bench testing performed on the predicate InTone and InToneMV continue to support the safety and effectiveness of this new device version. The literature review further supports the use of electrical stimulation in the treatment of urinary incontinence in women. The InTone is substantially equivalent to the predicate devices.